



Emmaus Lutheran School

Lunch MENU

November 2011

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Chicken Fajitas Rice	2 Turkey Manhattans Mashed Potatoes & Gravy	3 Hot Dogs Tater Tots	4 Salad Bar Ham Sand. Jello	5
6	7 Lasagna	8 Meatloaf Mashed Pot. Gravy Roll/fruit	9 Chicken Tetrazzini Jello	10 Nachos Refried beans	11 Mac & cheese w/ham muffin	12
13	14 Baked Pot. Broccoli &cheese pudding	15 Chicken Enchiladas Rice	16 Hamburgers French Fries	17 Pepperoni Pizza Pretzels	18 Turkey Mashed pot. Gravy,stuffing Applesause,Corn	19
20	21 Italian Grills Cheese puffs	22 Chicken BBQ Cheesy pot.	23 Ham,egg & cheese Casserole hashbrowns	24 NO SCHOOL	25 NO SCHOOL	26
27 Chicken Nuggets Mac & cheese	28 Sloppy joes Baked beans Pot. skins	29 SW subs Rice	30			

This Lunch menu Provides you with the main dishes for the Month. Each lunch will include a veggie and fruit even though it is not listed. This menu gives you an idea of the main dishes for each day. The full menu for the week is located in each weeks newsletter.

This Lunch Menu is Subject to change if needed